

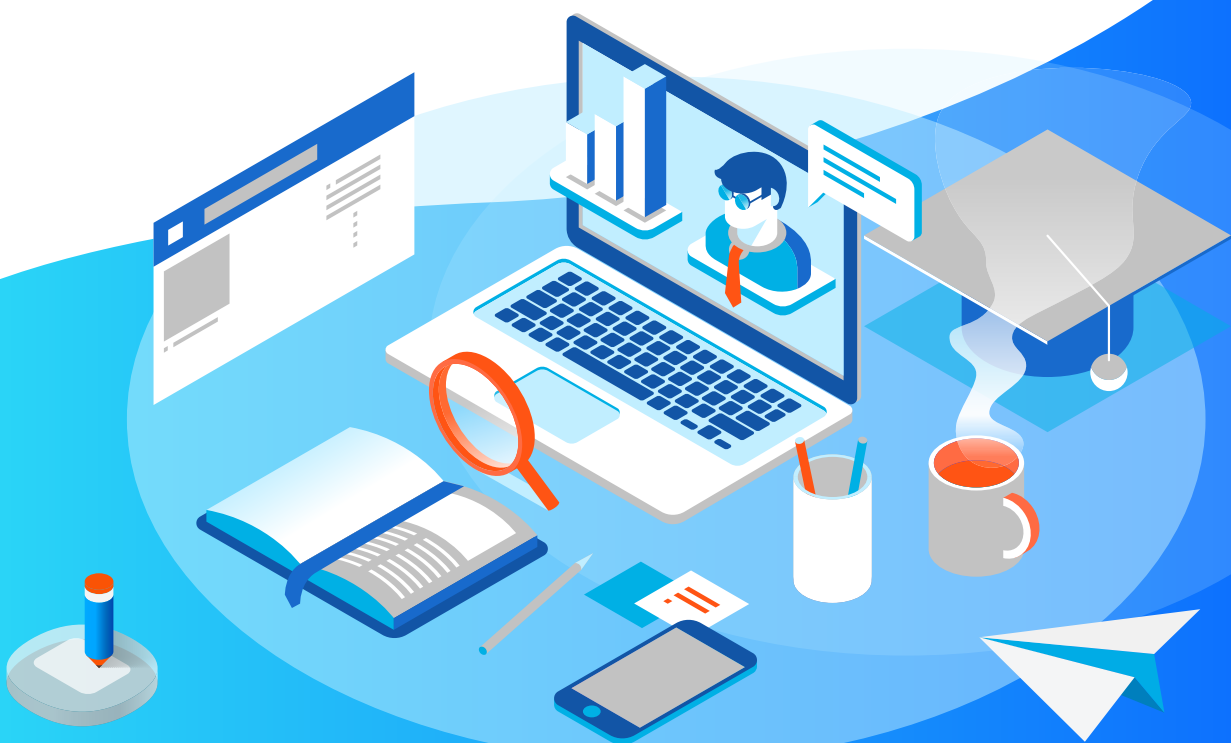


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Borrowed Theory-Sociological Sciences

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Social science theory refers to paradigms or frameworks that examine the social phenomena analytically and particularly; it determines a specific feature of the social world. This theory generally deals with how societies develop and change, as well as explains different types of social behavior. With this information in mind, it is important for nurses in all fields to make use of social science theory while undertaking their responsibilities. This will enable them to understand the patients and the way of their behavior. It is particularly important that a nurse understands flows of emotional apprehension, information, instrumental support and appraisal among individuals. The four functional areas used in the definition are crucial for med-surg-floor RN.

Informational support is passing of information from one person to another or from one group to another. In a unit that requires admission of patients, information support appears to be handy for understanding the patients and knowing any special needs they may be having. Instrumental support is the process of transactions that require direct assistance or aid. In the field where I deal with catheters insertion, instrumental support is crucial for helping the patient to understand the process and make it easy. It is also essential for explaining how to take medication, as well as the right dosage and the right time to take it. Emotional support refers to being concerned about the emotional state of another person. In my field, emotional support is of paramount importance. Patients expect a nurse to understand their pain and empathize with their conditions. This way, the patient can open up and give more information on their condition. Lastly, appraisal support is paramount in my current profession. Appraisal support refers to expressions or affirmations by one person showing agreement with another person's point of view. Patients need to feel that the nurses agree with what they are saying. Even in situations where the nurse

disagrees with what the patients say, it is important to listen to the health consumers and give their opinion afterwards in a positive manner (Villarruel et-al, 2001).

Social science also helps one to understand people's culture and its effect on a particular individual. For instance, there are some communities that are very social. Thus, in the event that one member of the family is sick, they will all visit him due to concern. A nurse who understands this will be able to handle the extended members of the family, who come to visit the patients, without offending them. According to social science ethics, as a med-surg-floor RN who has to administer an injection to a patient when the family members are in the room, I would ask them to excuse us for a moment for the good and well-being of the patient (Pender, Murdaugh & Parsons, 2002). This way, the family members would understand and step outside willingly.

Nurses' knowledge of social science can play a crucial role in changing the profession. Nurses need to take time to understand human behavior and be able to address the patients based on their backgrounds. It will enable nurses to empathize with the patients and feel their pain. The nursing profession will be better when they understand why different people behave in different ways. Consequently, nurses will give individualized attention to each patient. This will have an impact on quick recovery of the patients (Villarruel, Bishop, Simpson, Jemmott, & Fawcett, 2001). Furthermore, social science theory will help nurses to improve their listening skills. To be able to understand a person's behavior, a nurse will have to listen keenly before giving their opinion on the patient's health status. Additionally, it will help nurses avoid the tendency of always feeling like professionals and making patients feel like they know nothing about medicine. Due to practical use of social science theory, a nurse will speak the language that the patient understands. This will eventually improve med-surg-floor RN and nursing in general.

References

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